



# WOMENS TOUR

Meet the  
women of  
Timor- Leste

4<sup>th</sup> – 13<sup>th</sup> April 2020



Day	Place	Activities
1. Sat 4th April	<b>Dili</b> Hotel Esplanada	<p><i>Welcome over morning tea at the Hotel</i></p> <ul style="list-style-type: none"> <li>• Microlet tour of Dili with youth group and learn about the role of women during resistance times.</li> </ul> <p><i>Lunch introduction to the unique taste and cuisine of Timor-Leste and support a hospitality training program</i></p> <ul style="list-style-type: none"> <li>• Afternoon continue Dili tour visiting Alola Esperanca, Chega prison museum &amp; Cristo Rei for sunset</li> </ul> <p><i>Dinner on the beach at Arei Branca</i></p>
2. Sun 5 <sup>th</sup> April	<b>Maliana</b> Betania training centre	<ul style="list-style-type: none"> <li>• Travel along the historical &amp; panoramic N/W coast via Liquica &amp; Maubara, meet the women basket weavers at the Dutch Fort.</li> </ul> <p><i>Lunch at Balibo Fort Hotel or Balibo 5 café if open</i></p> <ul style="list-style-type: none"> <li>• In Maliana meet women of OHM Moris, a local NGO to learn about their agricultural and economic development projects.</li> </ul> <p><i>Dinner and sunset at the Maliana Pousada</i> <i>(Travel time Dili – Maliana 4 ½ hours)</i></p>
3. Mon 6 <sup>th</sup> April	<b>Balibo</b> Balibo Fort Hotel	<ul style="list-style-type: none"> <li>• Morning walking tour of Maliana to visit market</li> <li>• Travel along rugged mountainous roads to Morobo to meet the expert women weavers and learn about their traditional dyeing and weaving techniques.</li> </ul> <p><i>Picnic lunch in the mountains or with the weaving group</i></p> <ul style="list-style-type: none"> <li>• Return to Balibo in time for a pre-dinner drinks at sunset overlooking the site of the Indonesian invasion</li> </ul> <p><i>Dinner at the Balibo Fort Restaurant</i> <i>(Travel time Maliana – Marobo – Balibo 3 ½ hrs.)</i></p>
4. Tue 7 <sup>th</sup> April	<b>Dili</b> Hotel Esplanada	<ul style="list-style-type: none"> <li>• Morning guided walk of Balibo town and visit the Community Centre/Flag House to learn about their community work</li> </ul> <p>Return to Dili stopping to:</p> <ul style="list-style-type: none"> <li>• View the border at Batagade</li> <li>• Learn about the history of Liquica</li> </ul>

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		<p><i>Enjoy lunch and an optional swim in the ocean at Lauhata Beach</i></p> <ul style="list-style-type: none"> <li>• Optional massage</li> </ul> <p><i>Dinner in Dili TBC</i>  <i>(Travel time Balibo to Dili 3 ½ hours)</i></p>
5. Wed 8 <sup>th</sup> April	<b>Baucau</b> Pousada Baucau	<p>Morning in Dili</p> <ul style="list-style-type: none"> <li>• Visit Emprezo Diak&amp; Xanana Reading Room</li> </ul> <p><i>Lunch at a hospitality training restaurant</i></p> <p>After lunch depart for Baucau, Timor-Leste's second largest historical old town.</p> <ul style="list-style-type: none"> <li>• Sightseeing along the panoramic N/E coast, stopping at the beautifully renovated church in Laleia</li> <li>• Arrive in Baucau in time for optional swim at the Pousada pool and pre-dinner drinks on the terrace.</li> </ul> <p><i>Dinner at Pousada and cultural evening of song and dance CTID Canossian sister's training Centre</i>  <i>(Travel time Dili to Baucau - 3 hours)</i></p>
6. Thu 9 <sup>th</sup> April	<b>Los Palos</b> Nun's guesthouse	<p>Morning in Baucau</p> <ul style="list-style-type: none"> <li>• shopping for fruit &amp; vegies in Baucau market</li> <li>• Scenic drive down to Wataboo beach (option to walk part way)</li> </ul> <p><i>Lunch on the terrace at Amalia's</i></p> <ul style="list-style-type: none"> <li>• Travel towards the Easterly tip of the island hugging the coast and passing through traditional villages of Lautem district</li> <li>• Arrive at Lospalos town in the afternoon, meet the nuns, learn about their training centre and settle into their tranquil guesthouse</li> </ul> <p><i>(Travel time Baucau – Lospalos 2 ½ hrs)</i></p>
7. Fri 10 <sup>th</sup> April	<b>Com</b> Kati bungalows	<p>Wake up to an early chorus by the young women of the training centre</p> <ul style="list-style-type: none"> <li>• Visit the L'oud women's cooperative and learn about the traditional art of weaving &amp; natural dying from the experts. See firsthand how this amazing collective of women's groups work together in solidarity.</li> </ul> <p><i>Lunch at the Fitun Naroman, (bright star) café run as a training enterprise by the ADM nuns.</i></p> <ul style="list-style-type: none"> <li>• Arrive in Com in time to meet Rosa and the weavers and stay overnight in beach bungalows</li> </ul> <p><i>(Travel time to Com 1 ½ hrs)</i></p>
8. Sat 11 <sup>th</sup> April	<b>Jaco</b> Lukamore guesthouse	<p>Travel through traditional villages to Tutuala town for panoramic coastal views</p> <p><i>Lunch at the eco lodge at Valu Sere beach</i></p> <ul style="list-style-type: none"> <li>• Afternoon optional fishing boat trip to Jaco Island</li> </ul> <p><i>Dinner at the guesthouse on the beach</i>  <i>(Lospalos – Tutuala – 2 hrs. Tutuala – Com 2 hrs)</i></p>
9. Sun 12 <sup>th</sup> April	<b>Dili</b> Hotel Esplanada	<p>Return to Dili via Baucau</p> <p><i>Arrive in Baucau for lunch with staff from teacher training college on the terrace at Amalias restaurant</i></p> <p>Farewell dinner in Dili  <i>(Com – Baucau 2 ½ hrs. Baucau – Dili 3 hrs)</i></p>
10. Mon 13 <sup>th</sup> April	<b>NA</b>	Depart with Airnorth



## NOTES:

- If you have areas of specific interest or places you really want to see let us know and we will do our best to include these.
- Whilst we will do our best to confirm all meetings and visits things change frequently in Timor-Leste and people have many competing demands on their time. Be assured we guarantee you will meet many inspirational women and visit a variety of great programs; we always have a plan B & C ready to put in place.
- Our hosts are able to accommodate special dietary requirements, just let us know. We eat well on tour, purchasing fresh local produce along the way.
- Optional gentle morning yoga practice is available for those interested, just let us know.
- Travelling in Timor-Leste can be physically challenging due to the heat and time spent on bumpy roads. In addition the terrain is rough for walking. Please let us know your level of fitness so we can take this into account when planning our activities.
- Travel times in itinerary refer to number of hours actually spent in the car, we stop frequently along the way.
- Please limit luggage to one medium piece and small day pack. Soft luggage is much easier to pack into the vehicles.
- Please see our general tour information document and packing list for more information.

For more information contact us:

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Visit us at our Timor Adventures office in Esplanada Hotel, Avenue De Portugal, Panti Kelapa, Dili



(See the next page for costs and inclusions).

Hope to see you in Timor-Leste in 2020!



### Inclusions

- Timor Adventures tour leader
- Local Timorese drivers and guides
- All land transport and airport pickup
- Accommodation as listed in the itinerary (twin share, single supplement applies)
- All meals
- Schedule of activities

### Not included

- Airfares
- Travel insurance
- Visa (\$30USD)
- Personal items and spending
- Optional massage \$25 pp

### Tour cost

The full price for this tour is  
**\$1985 USD per person**, based on minimum of 5  
Single supplement: **\$505 usd**

### Payments, terms and conditions

A **\$700 USD deposit** by International funds transfer to the account below is required to secure this booking. Final payment due 60 days prior to tour.

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